A

OCTOBER 11th IS NATIONAL COMING OUT DAY!

(While this is a day set aside for those now comfortable with their homosexuality to "come out", it is also an opportunity for PFLAG parents to "come out" to friends and family.)



The Voice of PFLAG Hartford

Caring

Volume 18, No. 5

September/October 2009

UPCOMING PFLAG

HARTFORD BOARD MEETING

7:00 p.m., Tuesday, October 13

Hosted by Rose & Larry

IN THE PFLAG HARTFORD FAMILY:

NOTE: We will hold a brief <u>ANNUAL MEETING</u> of our membership at the beginning of our September 16th regular monthly meeting. The principal business is election of the Board for the coming year.

MEMBERSHIP REMINDER

It's that time of the year, and membership dues are now due and payable for fiscal year October 1, 2009 to September 30, 2010. For your convenience, an envelope, addressed to our Treasurer, is enclosed. The schedule of dues is listed below. Thank-you in advance for your prompt membership renewal or enrollment.

PLEASE STEP UP AND BE COUNTED - OUR STRENGTH LIES IN OUR NUMBERS!

<u>IN MEMORY OF JOHN K. CURRIE</u>, PFLAG Hartford has made a donation to Immanuel Congregational Church (our PFLAG home base and John's church), and a tree will be planted in their Memorial Garden to honor John.

PFLAG is a welcoming place for parents and friends of lesbians & gays, but we are much more than that. Gay, lesbian, bisexual, transgender and intersex people are also encouraged to attend our meetings. GLBTI people come with or without their family members, and parents and friends come with or without their GLBTI loved ones. PFLAG is for YOU!

PFLAG HARTFORD MONTHLY SUPPORT GROUP MEETS: Third Wednesday of each month, 7:30 p.m., Immanuel Congregational Church House, 10 Woodland Street (Just North of Farmington Ave.), Hartford. For more information, please call Marie & Bob at (860) 633-7184 or Becky & John at (860) 633-5111.

REFRESHMENT REMINDER:

September 16 – Karen P.

October 21 - Rose P.

November 18 – Jean C.

December 16 – Meghan & Bob

MEMBERSHIP DUES:

Student/Limited Income: \$10

Household Membership: \$40

Individual Membership: \$25

Please make your check payable to **PFLAG Hartford** and Send it to

Joan Jansen, 12 Colchester Commons, Colchester, CT 06415

Parents, Families and Friends of Lesbians and Gays promotes the health and well-being of gay, lesbian, bisexual, transgender and intersex persons and their families and friends through:

SUPPORT: To cope with an adverse society

EDUCATION: To enlighten an ill-informed public

ADVOCACY: To end discrimination and to secure equal civil rights.

PFLAG provides an opportunity for dialogue about sexual orientation and gender identity and expression, and acts to create a society that is healthy and respectful of human diversity.

UPCOMING /ONGOING EVENTS

- RAINBOWROOM: (a program of the Hartford Gay & Lesbian Health Collective) -- A welcoming place for lesbian, gay, bisexual, trans and questioning "LGBTQ" teens (13-21 years old). RainbowRoom meets the third Sunday of every month, 3-6 p.m., 1841 Broad Street (Health Collective building), Hartford. For more information please visit our website at http://www.hglhc.org/ or contact http://www.
- <u>HGLHC TRANSGENDER SUPPORT GROUP</u>: Group is currently not meeting. Updated information will be posted as changes are made. More Info at: http://www.hglhc.org/ or <a href="http://
- TRANS SOFFA SUPPORT GROUP IN CONNECTICUT: This is a group for Significant Others, Family, Friends and Allies of Transgendered, Transsexual and Gender Variant people (SOFFAs). Trans people who are SOFFAs are welcome. Meetings held on the 2nd Sunday of each month and are facilitated by Kristal Barnes and Kasha Ho. Contact Kristal- u2kristal@yahoo.com 860/878-5256 or Kasha- kho@afsc.org or call 860/523-1534.
- TRANSFIGURATIONS: TRANSGRESSING GENDER IN THE BIBLE Friday, September 11, 2009, 7:30 pm, Charter Oak Cultural Center, 21 Charter Oak Ave., Hartford, CT. (a fundraiser for the CT TransAdvocacy Coalition). This is a new theater piece written & performed by activist Peterson Toscano, who unearths transgender Biblical characters those people who do not fit in the gender binary and who, in transgressing and transcending gender, find themselves at the center of some of the Bible's most important stories. Call (860/249-1207 to order tickets: \$20 general, \$10 Charter Oak and Let*s Go Arts! Members; \$5 students
- THE WOMEN & GENDER RESOURCE ACTION CENTER (WGRAC) is planning to host Peterson Toscano, a local performance artist and activist, on Tuesday, October 20, at 7 pm. He will speak about his experience in the "ex-gay" movement in a program titled, "Homo No Mo". Having lived nearly 20 years as an evangelical Christian, he's experienced firsthand the battle between his religion and his sexuality.

Dear Hartford PFLAGers, et al:

Our good friend and Hartford PFLAG member, Van Parker, pastor emeritus of First Church of Christ, Windsor, now living in Vermont, has written a thoughtful article (published in the Burlington Free Press) about same-sex marriage that we have set forth below. Those of you who know Van know that his words are carefully chosen and come from the heart. Thanks, Van. - Becky and John

MY TURN: THE CASE FOR SAME-SEX MARRIAGE - By Van Parker

July 18, 2009

Opponents of same-sex marriage often cite their beliefs as the reason for their opposition. Organizations like Focus on the Family speak loudly and clearly against gay marriage. Others ground their opposition on a few, often out-of-context, verses of Scripture. The voices of religious leaders who support same-sex marriage are frequently drowned out by the media's tendency to feature those holding another view.

For people of faith, differences of opinion on same-sex marriage usually come down to different views of the Scriptures. If a person believes the Bible contains literally the "words" of God, then it is possible to seize on some of the seven verses that in one way or another condemn same-sex relationships. This closes the case and enables a person to say, in the words of one bumper sticker, "God said it. I believe it. That settles it."

But what did God say? The problem is that, in the book of Leviticus, for instance, along with verses that condemn homosexuality, are other verses condemning the mixing of threads in a garment, forbidding touching a pig's skin or eating certain types of seafood, and a call for the stoning of disobedient children or of women caught in adultery. All this is found along with some very generous provisions about forgiving debt and saving grain for the poor.

Does it take from the Bible's authority to say that St. Paul had a few hang-ups? The same Paul who said women should not speak in church declares in another place that in Christ "there is no longer slave or free, there is no longer male or female." Jesus said nothing about homosexuality. Where do we really hear the "word" of God? At least in part we hear it through the example of committed gay and lesbian couples.

I do not claim to be a theologian, but I served in the parish ministry for 41 years, mostly at a suburban church near Hartford, Conn., retiring in 1995. I want to say that, primarily through my faith and through my understanding of Jesus' message, I have come to honor loving, committed relationships whether between opposite-sex or same-sex couples.

In a Newsweek article, published last December, titled "The Religious Case For Gay Marriage," Lisa Miller quotes Walter Bruegemann, a highly respected biblical scholar. Bruegemann puts the religious argument for gay marriage in a broader perspective. "It is not generally made with reference to particular texts but with the general conviction that the Bible is bent toward inclusiveness." On a more poignant note, Miller recalls the words of one of her friends, a Jesuit priest named James Martin, "Jesus does not want people to be lonely or sad."

Over the last 15 years, my wife and I have become acquainted with a number of same-sex couples. These couples are just like the rest of us. Knowing them has changed me. They experience the same stresses and strains as opposite-sex couples. The key in both cases appears to lie in two words: love and commitment. It is strange to see Christian churches suggesting, even insisting, that if gay couples live together, they can only do so without the commitments made in all marriage vows. Committed, loving relationships are not a threat to anyone, nor do they undermine anything, except our fears and prejudices. The name of one organization sums it up -- "Love Makes A Family."

One of the best testimonies for the Scriptures "bent toward inclusiveness" is expressed in three words from the New Testament letter known as First John. Those words are simply, "God is love."

Hello Everyone,

June 28, 2009

I was honored to participate in the White House's special reception today in commemoration of the 40th anniversary of Stonewall. I was invited to bring with me a PFLAG family in which the parent's LGBT child had recently experienced bullying and harassment in high school. Among the family profiles PFLAG submitted to the White House, Carmen Robello and her son, Louie, were selected. And among the 250 attendees today, Carmen and Louie were also selected for a small private meeting of a few families with the President and First Lady to share some of their personal perspectives. They will be posting their experiences on our blog soon so look for them at http://pflagblog.blogspot.com.

Elizabeth Fregiato (formerly Elizabeth Brown) joined me for this historic event. I had the opportunity to shake the President's hand and tell him that PFLAG would like for him to be more vocal about LGBT issues as family issues impacting parents, family members and allies. I told him that we are looking for his strong leadership because too many families are suffering the consequences of inequality every day, and PFLAG is too often the only group available to help keep families together. And I assured him that PFLAG continues to work hard to change hearts and minds and win over the votes necessary to pass legislation that will achieve full equality.

PFLAG's press statement follows below:

PFLAG FAMILY JOINS PRESIDENT OBAMA AT WHITE HOUSE RECEPTION TO COMMEMORATE STONEWALL. PFLAG MOTHER AND SON ASK PRESIDENT AND FIRST LADY TO SPEAK OUT FOR FAMILIES AND LGBT PEOPLE TO CREATE SAFER COMMUNITIES.

<u>Washington, D.C.</u> A PFLAG mother and son asked President Barack Obama and First Lady Michelle Obama to support equality for lesbian, gay, bisexual and transgender (LGBT) individuals and their families at the White House today.

"A supportive environment makes a world of difference, and we are hopeful the President and First Lady will take the initiative in making our country a safer place for all of our family members," said Carmen Robello, a member of Parents, Families and Friends of Lesbians and Gays (PFLAG). She is a member of PFLAG's Families of Color and Allies of New York City and Newark, New Jersey chapters, both dedicated to providing support for families across diverse communities. Robello and her son Louie, were invited to a special reception at the White House to commemorate the 40th anniversary of the Stonewall uprising, the event identified as the starting point for the LGBT equality movement in the U.S.

"We were incredibly honored to meet with the President and First Lady, and tell them our story, and how anti-LGBT violence and harassment create problems not just for LGBT people, but for their families and communities," said Robello. "My son and I asked the President and First Lady to speak out and become more visible in denouncing anti-LGBT discrimination."

Louie Robello experienced anti-LGBT harassment in his high school years. He later founded his high school's Gay Straight Alliance (GSA) and went on to be elected his class president.

Jody M. Huckaby, Executive Director, PFLAG National

A PERSONAL AND PROFESSIONAL LOOK AT THE DIFFICULTIES TRANSGENDER STUDENTS FACE

What if one of your children came to you and said that they were gay? What if that child then came to you and said that he or she is transgender? It would surely change your life. I know that because it happened with one of my children. It is one of the most difficult situations I have ever experienced, but it also has allowed me to grow and learn about love and support in ways I never had before.

I am writing about this now because I have become aware of two different articles that have reminded me that I, too, have a responsibility to my transgender son (that is, a person born with the physical characteristics of a girl, but with the belief and psychological makeup of a boy). I have a responsibility to help other parents who experience this circumstance as well as help school board members and superintendents learn about an issue they may know little about.

Growing up gay or transgender puts students into very difficult circumstances. It can affect their self esteem, their ability to function with others and often leaves adults at a loss as to how to interact with them.

In the Connecticut Association of Schools' May newsletter, it was reported that "in the last month alone, two 11 year-old students in the United States committed suicide as a result" of the bullying they had undergone. Both had hanged themselves at home. You can imagine what a "gut punch" this is to anyone with a gay or transgender child.

A new report from the Gay, Lesbian and Straight Education Network (GLSEN) discusses these issues and has some recommendations for educators. The report, entitled Harsh Realities: The Experiences of Transgender Youth in Our Nation's Schools, found:

- Most transgender youth attend schools with hostile school climates. Consistent with non-transgender gay peers, transgender students reported "frequently hearing homophobic language and negative remarks about gender expression from other students." Less frequently, some students "reported hearing these types of remarks from school personnel".
- When such language was used, transgender students reported "little intervention on the part of school personnel." Fewer than 20% said that the staff intervened most of the time or always "when hearing homophobic remarks (16%) or negative remarks about someone's gender expression (11%)."
- Many transgender students felt unsafe in school because of "some personal characteristic, most notably their gender expression and sexual orientation. Two-thirds of transgender students felt unsafe in school because of their sexual orientation (69%) and how they expressed their gender (65%)."
- Transgender students reported higher levels of harassment and assault in school than non-transgender students. Almost all "had been verbally harassed (e.g., called names or threatened)."
- What is the impact on the school experience on these transgender youth? Much like others who are bullied for other
 reasons, transgender students were more likely to miss school "due to safety concerns than non-transgender students"
 and those who "experienced high levels of harassment had significantly lower grade point averages than those who
 experienced lower levels of harassment".

In addition, those who experienced high levels of harassment were "more likely to report that they were not planning on going to college than those experiencing lower levels of harassment."

But, the news is not all grim. The more transgender students "were able to be able to fully participate in their school community—by being open about their sexual orientation and/or gender identity" and by being able to discuss transgender and other gay issues at school, the "greater their sense of belonging to their school community". The report also discussed institutional resources and supports and the beneficial aspects of having student clubs, such as Gay/Straight Alliances, which help to "lessen the negative effects of victimization". The report recommends that educators, policymakers and safe school advocates continue to "seek to understand the specific experiences of transgender students, and implement measures to ensure that schools are safe and inclusive environments" for all gay and/or transgender youth. The report also encourages "supportive educators, student clubs, curricular resources, and comprehensive anti-harassment policies" which will have a positive impact on these students. "Practices and policies that are sensitive to the experiences of transgender students would not only serve to improve the school experiences of those students, but can also send an important message to all members of a school community that individuals will not be limited nor defined merely by their gender."

It has been my experience (certainly not a scientific sample!) that most students today are more accepting of sexual and other differences than many adults, who have never dealt with these issues. Much like any other students, transgender students want to be accepted for who they are. Some have gone through extraordinarily difficult emotional experiences as they have grown up—trying to hide a secret and at the same time denying who they are. Like other students, these students need support and a positive school climate. I know that while these times have been difficult, the support that my son has found in his school and the acceptance of his differences from teachers as well as other students has made the difficult adolescent years easier. We all need the support of caring friends and others. Transgender students are no different. - By Robert Rader

(This article is reprinted with permission of the CT Association of Boards of Education. It will appear in the July/August edition of the CABE Journal).

'GAY EXORCISM'

Youths Caught Between Warring Adults. Religious Rite Performed On Teen Seen As Abusive

First, let me be clear about my agenda. I am the director of a gay youth advocacy group whose mission is to improve the quality of life for gay, lesbian, bisexual and transgender youths.

Recently, the Manifested Glory Ministries, a church in Bridgeport, posted a YouTube video of a religious ritual performed on a teenage boy, at his request, to cast out his homosexual demons. A reporter discovered the video, which was quite dramatic, hands-on and visceral. The video has generated an international firestorm about Connecticut's gay exorcism.

True Colors, my organization, has gotten calls from media in London and Spain, and from national radio, news networks, shock jocks and myriad others asking for comment on the situation. One widely reported comment of mine was, "What makes me saddest is that these folks thought they were helping, but I believe what they did was murder this child's soul."

Here are the thoughts behind my remark: America was built on the concept of freedom of religion. I believe that people are free to choose and practice their own religious and spiritual beliefs in whatever way they choose — within certain limits. The state can, and has, interfered with religious freedom when it identifies the need to protect a child from harm. The question is: Does that apply in the case of a so-called gay exorcism? I don't think there is a simple answer.

In some (though not all, or even most) religious traditions, homosexuality is considered to be the work of a demon or an evil spirit. Some religious traditions interpret passages of the Bible or other doctrine in ways that condemn homosexuality. Some religious doctrine differentiates between same-sex feelings (which are not, in and of themselves, a sin) and same-sex behaviors, which are considered a sin or (and here's the word I grew up with) an abomination.

Virtually every professional pediatric, mental health care, child welfare and social work organization in the country recognizes that sexual orientation exists on a continuum. Further, their positions are uniformly value neutral. In other words, according to these well-known and widely respected organizations, being straight is not better than being gay — it is just different. In addition, many professional associations identify attempts to change an individual's orientation as being inherently abusive.

These are two very different philosophies.

Now imagine you are a gay, lesbian or bisexual adolescent and you are trapped between these opposing views — one set of trusted adults tells you one thing while what another tells you is quite the opposite.

On the one hand, you know who you are and what you feel and to whom you are attracted. On the other hand, you know your religious community believes that either those feelings or behaviors, or both, are fundamentally wrong. What do you do?

Here's what many kids in that position do. They repeatedly deny their feelings to themselves and others. They pray, beg, hope and wish to make those feelings go away. But the feelings don't go away. They start to hate themselves. They spiral into a destructive cycle: They know their feelings are sinful in their church's eyes. This leads to self-loathing and shame, which leads to self-destructive and unhealthy behaviors, which leads back to the (unachievable) desire to make the feelings go away.

Some call that cycle spiritual abuse. I don't know what to call it. But I wonder: What if the youth's sexual acting out and other self-destructive behaviors are not related to being gay? What if kids act out because people they care about say they are disordered?

What if we imagine a different scenario? Imagine you are a gay, lesbian or bisexual adolescent. You learn that orientation is about healthy relationships that grow and deepen over time. You learn that healthy relationships are not about the gender of the person to whom you are attracted, but about the quality of the relationship with that person. You learn from trusted adults in your life about dating, communication, abstinence, safer sex practices (for when the time is right), spirituality and all the things that children need to know to grow into happy, healthy, productive and successful adults. You learn that who you are is fundamentally OK and that people are judged by the content of their character — not the gender of their partners.

You can guess which scenario I believe leads to a healthier outcome. Not everyone will agree. But this is America. All of us get to express our views. Too bad it's the children who get trapped between them.

By Robin P. Mchaelen, Executive Director of True Colors, Inc.

The Hartford Courant, June 28, 2009

FROM LOVE MAKES A FAMILY:

July 21, 2009

The CT Department of Public Health has reported that nearly 1,000 same-sex couples have married in Connecticut since November 12, 2008. We have been thrilled to hear from same-sex couples in CT and from around the country who have finally been able to marry the one they love in this state.

The *Hartford Courant*, in today's editorial "Gay Equality on a Winning Streak," said "...the tide is moving in the direction of fairness," in citing the recent announcements by CT Sen. Christopher Dodd and former President Bill Clinton that they now support full marriage equality for same-sex couples. We couldn't agree more.

<u>THANK-YOU</u> Our July meeting guest speaker was **Tasha Connolly**, the daughter of longtime PFLAG members Tom Connolly and Carol Vinick. Tasha is no stranger to us; in 2004, she was a winner of a Brill Scholarship. Tasha enlightened us on her studies and her travels. She has traveled the world learning about "Social Circus," a new concept to the USA regarding esteem building and acceptance for young people. Tasha shared a video slide show that demonstrated some of the concepts of Social Circus. Her presentation was enthusiastic and mesmerizing. Thank-you, Tasha, we are so proud of you!

THANK-YOU to Audrey Conrad, our August meeting speaker. Audrey serves on the Board of Real Art Ways. She is, a Midwestern native, and moved to Connecticut in the late 1980s. She immersed herself in work for the first few years, which didn't leave much room for socializing. At the same time, she was still wrestling with her gender identity. "For a long time, I really fought internally with myself," she says. "Society is always trying to put you in a box ... and as hard as I tried to fit into that "boy box," there was a part of me that just was not comfortable at all." Yet, she wasn't entirely comfortable in the "girl box" either. "I consider myself transgender, and I bounce back and forth," she says. In the late 1990s, she stumbled on Real Art Ways, attended a few art events and has been returning ever since. Here, she's found a vibrant group of people, provocative artworks and films -and a place in which she feels welcome as Audrey. Thank-you, Audrey, for sharing your story with PFLAG.

"People may forget what you said, people will forget what you did – but they will never forget how you made them feel." - Maya Angelou

FYI: FROM ETRANSPARENT, PFLAG'S Transgender Network (TNET) News

This month we can truly see the changes occurring in our society based on the efforts of many people in the gay, lesbian, bisexual, and transgender (GLBT) community, including straight allies.

- The Human Rights Commission in Maine ruled in favor of a trans girl's right to use the girl's restroom.
- The Department of Justice decided NOT to appeal the federal court ruling in favor of Diane Schoer, which decreed \$500,000 in damages for sexual discrimination.
- The Episcopal Church set a new policy in favor of same-sex unions/marriages.

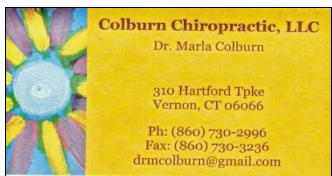
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people in Greater and depend heavi	has been available as a resource for support to families and friends of Hartford, and beyond, for over 20 years. We are staffed solely by volutions to enable us to continue to educate and advocate for a to make this a safer world for our GLBTI loved ones.	unteers,
Your help is great	appreciated.	

<u>PROFESSIONAL SERVICES DIRECTORY</u>: If you would like to advertise your business/service in *Caring* for one year (6 issues), send your business card and a check for \$40 (made payable to PFLAG Hartford) to: Jean Cormier, 156 Randal Avenue, West Hartford, CT 06110. Your Patronage of our advertisers, who help us pay the costs of sending the *Caring* newsletter to you, would be greatly appreciated by them and by us. Please mention that you saw their advertisement in *Caring*.









HGLHC

Hartford Gay & Lesbian Health Collective Be well, Be yourself.

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Connecticut PFLAG Meetings

PFLAG HARTFORD: Information on front page or

at our website: www.pflaghartford.org

Helpline: (860) 633-7184 Phone: (860) 633-5111

Transgender Issues: (860) 231-8582

PFLAG NORWALK/SOUTHWESTERN CT

When: 7:30 pm, 1st Wednesday (bi-monthly)

Jan./Mar./May/July/Sept./Nov.

Where: Triangle Community Center

16 River Street (lower level) Norwalk

Help Line: (203) 226-0257 - Sandy or (203) 322-5380 - Lester Email: PFLAGSWCT@yahoo.com

PFLAG NORTHWESTERN CT:

Contact: Diane (860) 435-2738

PFLAG GREATER NEW HAVEN

Meetings: Church of the Redeemer, 185 Cold Spring

(Corner of Whitney Avenue.), New Haven 3rd Tues of the Month @ 7:30 pm

Phone/Help Line (203) 458-0493

Email: greaternewhavenpflag@yahoo.com

PFLAG SECT (SOUTHEASTERN CT)

When: Second Monday of every month, 7:00 pm

Where: Noank Baptist Church,

18 Cathedral Heights, Noank (Groton)

Helpline: (860) 447-0884 Email:bjalthen@sbcglobal.net Web site: www.pflagsect.org

Central and Western Massachusetts

Williamstown Area:

When: Second Sunday of every month, 2 pm

Where: First Congregational Church, Williamstown

Contact: (413) 243-2382

Springfield Area:

Where: Agawam

Contact: (413) 732-3240 or (413) 783-7709

Greenfield, MA

Help Line: 413/625-6636

E-Mail: PFLAGPV@valinet.com

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articles to: Jean Cormier

156 Randal Avenue, West Hartford, CT 06110

NATIONAL COMING OUT DAY OCTOBER 11



Closets are for clothes, not people!

STRAIGHT SPOUSE SUPPORT NETWORK:

In Connecticut and Western Massachusetts Monthly Support Group, Third Sunday, West Hartford, CT.\

Contact Jane Harris at (413) 625-6636 or janenrosie48@yahoo.com or at www.straightspouse.org

FOR OTHER PFLAG LOCATIONS

Contact a Hartford Chapter Board Member or call the National PFLAG office at (202)638-4200. You may also sign onto PFLAG's Home Page at www.pflag.org.